





Hancock County Schools

Early Head Start Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week #1 ▲	 Drumstick <u>OR</u> Pork Chop Patty w/Bread Slice Mashed Potatoes & Gravy Green Beans Fruit	Ham & Cheese Sub Sandwich on on WG Bun Chips Baked Beans Mac & Cheese Fruit	Seasonal Soup Grilled Cheese Fresh Side Salad Cooked Carrots Crackers Fruit	Taco Salad (Chips or Wrap) Lettuce / Salsa / Cheese Black Beans Sour Cream Corn Fruit	Bosco Sticks with Marinara Sauce <u>OR</u> Pizza Pocket Side Winders Vegetable Medley Fruit
Week #2 ●	 Chicken Patty <u>OR</u> Asian Chicken Asian Rice Steamed Broccoli Fruit Cookie	 Chicken Nuggets Cheesy Potatoes Green Beans Dinner Roll w/ Cinnamon Margerine Fruit	Chicken Fettuccini Alfredo Breadstick Fresh Side Salad Vegetable Medley Fruit	Hamburger / Cheeseburger Tomato Slices / Lettuce Pickles / Onions French Fries Baked Beans Fruit	Chicken Strips Potato Wedges Cooked Carrots Frozen Slushie 
Week #3 ■	BBQ Pulled Pork French Fries Baked Beans Cole Slaw Fruit	Baked Potato Bar w/ Diced Ham/Cheese Sour Cream/ Broccoli & Cheese/ Margarine & Breakstick Fruit	Italian Bake Breakstick w/Cheese Fresh Side Salad Cherry Tomatoes Cookie	Pot Roast Potatoes Peas Dinner Roll w/Cinnamon Margerine Fruit	Pizza Fresh Side Salad Corn Fruit Pudding

Child Nutrition Office Notes:

Menus are subject to change due to availability or circumstances beyond our control.

All meals include a choice of white 1%, skim or whole milk and fruit.

Lunch includes the following meal components: Meat/ Meat Alternative (cheese/peanut butter), Grains, Fruit, Vegetables and Milk.

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2019-20 SCHOOL YEAR

OCT. 28-DECEMBER



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